



Cape Town Judo Association Tournament Details

**Herewith details of the upcoming OPEN Judo Tournament to be held by
CTJA**

DATE: 7 March 2020
VENUE: BELHAR Indoor Sport Centre, Proton Road, BELHAR
GPS: S33.938759 E18.633770

THIS DOCUMENT CONTAINS 4 PAGES. Please read all of them carefully

ENTRY FEES R 100.00 (First Entry)
R 60-00 (Second Entry)

SA ENTRY FEES PARTICIPANTS MUST PAY THE FEE TO THEIR CLUB
Between 7 March 2020 & 4 April 2020
R200 Admin Fee plus R500 for every Individual entry and every Kata
entry

NOTE 1 **This will be the 3rd Trials for CTJA for the 2020 SA's selection.
Katas will be demonstrated after the 1st weigh in**

MEDALS 1st, 2nd and 3rd

WEIGH-IN DETAILS

Age Groups your age as on 31 December 2020	Weigh-in Times	Notes
Novices 6 7 8yrs old- Girls & Boys Novices 9&10yrs old- Girls & Boys OPEN 9 & 10yrs old-Girls & Boys (Born between 2010 & 2014)	09h00 – 09h30	<ul style="list-style-type: none">Contests will begin as soon as possible after completion of the draw sheets.Coaches to ensure that players fill in the correct entry slip
NOVICE 11yrs 12yrs Girls & Boys OPEN 11yrs 12yrs Girls & Boys (Born between 2008 & 2009)	10h00 – 10h30	
GROUPS 3, 4, 5, 6 & Masters (Born 2007 & earlier)	11h30 – 12h00	

CTJA TOURNAMENT AND SA SELECTION RULES

- *Weigh in times will be strictly adhered to.*
- *CTJA MANAGERS WILL BE RESPONSIBLE FOR THE WEIGH-IN OF ALL PARTICPANTS.*
- **ALL Officials, Referees T/O Managers Coaches and Weigh-in Masters to please report at 09h00 for an information session.**
- All Technical Officials and Referees (Old and New) are requested to officiate at the tournament.
- *Dress code as outlined below.*
- **Every person from 1st Kyu (Brown Belt) and Higher Dan Grades must bring their judo Record book to this competition.**

NOTE: In the event that you cannot attend this tournament and still wish to be in contention for selection, a medical certificate will be required for a medical reason only.

ORDINARY TOURNAMENT RULES

- Group 3 age and weight categories will be combined if there are less than 3 in an age and weight category
- Master - categories will be determined based on entries received
- Parents & Coaches, please stand on the side of the mats opposite the tables and score boards - no parents or coaches are allowed behind the tables at any time
- **No liquids in the Competition area**
- System - Loser's pool and round robin (five or less entrants).
- Referee Rules - IJF Rules as applicable from 2019 (Group 1 and 2 according to JSA amendments)
- **Please wear shoes to the tournament and to the side of the Contest Area**

DRESS CODE FOR OFFICIALS

- Technical Officials Managers and Weigh-in Masters – black pants, white shirt, red jacket (or black jacket if not in possession of a red jacket)
- Referee and Coaches – As per IJF and/or JSA rules

ENQUIRIES:

Lorette Gouws	082 658 2241 (Tournament Director)
Alex Gasson	0713074100 (Chairman)
Hildegard Woodman	0822 958 505 (Secretary)

Refreshment will be on sale. Please come and enjoy the day with us.

JSA TOURNAMENT PARTICIPATION RULES

Please note that if a Judoka chooses to enter into more than one category/weight (where applicable), he/she must enter into his/her OWN AGE & WEIGHT CATEGORY first, before entering into a second one!

GROUP	NATIONAL RANKING EVENTS
9, 10 Years	(1) Own weight/age category only. <i>The only exception that will be made is at last NRE of the year where younger player i.e. (turning 9 the following year) may participate to accumulate points for the next year only.</i>
11, 12 years	(1) Own weight/age category only
3 13, 14 years	(1) Own weight category in Group 3. (2) Same weight category in Group 4. Must enter in own age & weight category first, before entering higher category
4 15, 16, 17 years	(1) Own weight category in Group 4. (2) One weight category higher in Group 4. (3) Own weight category in Group 5. (4) One weight category higher in Group 5. Must enter in own age & weight category first, before entering higher category
	(1) Own weight category in Group 5. (2) One weight category higher in Group 5.

5 18, 19, 20 years	(3) Own weight category in Group 6. (4) One weight category higher in Group 6. Must enter in own age & weight category first, before entering higher category
6 21 years & older	(1) Own weight category in Group 6. (2) One weight category higher in Group 6. Must enter in own weight category first, before entering higher category

COMPETITIONS: 2020

AGE GROUPS : 2020 (Your age as at 31 December 2020)

GROUP	AGE Your age as at 31 December 2020	YEAR BORN
9 Years	9	2011
10 Years	10	2010
11 Years	11	2009
12 Years	12	2008
Group 3	13	2007
	14	2006
Group 4	15	2005
	16	2004
	17	2003
Group 5	18	2002
	19	2001
	20	2000
Group 6	21+	1999
	30	1990
Masters 30 - 34	31	1989
	32	1988
	33	1987
	34	1986
	35	1985
Masters 35 - 39	36	1984
	37	1983
	38	1982
	39	1981
Masters 40 - 44	40	1980
	41	1979
	42	1978
	43	1977
	44	1976
Masters 45 - 49	45	1975
	46	1974
	47	1973
	48	1972
	49	1971
Masters 50 - 54	50	1970
	51	1969
	52	1968
	53	1967
	54	1966
Masters 55 - 59	55	1965
	56	1964
	57	1963
	58	1962
	59	1961
Masters 60+	60+	1960

MASTERS

* Age as at 31 Dec 2020:

30 – 34 : 1986 - 1990

35 – 39	:	1981 - 1985
40 – 44	:	1976 - 1980
45 – 49	:	1971 - 1975
50 – 54	:	1966 - 1970
55 – 59	:	1961 - 1965
60+	:	1960 and earlier

* **Weight categories:**

- Males: -60, -66, -73, -81, -90, -100, 100+
- Females: -48, -52, -57 -63, -70, -78, 78+

WEIGHT CATEGORIES

MALES

SENIOR MEN 21 YEARS & OLDER GROUP 6	JUNIOR MEN 18, 19, 20 YEARS GROUP 5	CADETS BOYS 15, 16, 17 YEARS GROUP 4	BOYS 13, 14 YEARS GROUP 3	BOYS 12 YEARS	BOYS 11 YEARS	BOYS 10 YEARS	BOYS 9 YEARS
Strangulations & arm locks allowed			No arm locks, ONLY strangulations	No strangulations or arm locks			
-56	-55	-46	-34	-27	-27	-24	-24
-60	-60	-50	-38	-30	-30	-27	-27
-66	-66	-55	-42	-34	-34	-30	-30
-73	-73	-60	-46	-38	-38	-34	-34
-81	-81	-66	-50	-42	-42	-38	-38
-90	-90	-73	-55	-46	-46	-42	-42
-100	-100	-81	-60	-50	-50	-46	-46
100+	100+	-90	-66	-55	-55	-50	-50
		90+	66+	-60	-60	50+	50+
				60+	60+		
Born 1999 & earlier	Born, 2000, 2001, 2002	Born 2003, 2004, 2005	Born 2006 & 2007	Born 2008	Born 2009	Born 2010	Born 2011
4 Minutes		4 Minutes	3 Minutes	2 Minutes			

FEMALES

SENIOR WOMEN 21 YEARS & OLDER GROUP 6	JUNIOR WOMEN 18, 19, 20 YEARS GROUP 5	CADETS LADIES 15, 16, 17 YEARS GROUP 4	GIRLS 13, 14 YEARS GROUP 3	GIRLS 12 YEARS	GIRLS 11 YEARS	GIRLS 10 YEARS	GIRLS 9 YEARS
Strangulations & arm locks allowed			No arm locks, ONLY strangulations	No strangulations or arm locks			
-48	-44	-40	-36	-28	-28	-25	-25
-52	-48	-44	-40	-32	-32	-28	-28
-57	-52	-48	-44	-36	-36	-32	-32
-63	-57	-52	-48	-40	-40	-36	-36
-70	-63	-57	-52	-44	-44	-40	-40
-78	-70	-63	-57	-48	-48	-44	-44
78+	-78	-70	-63	-52	-52	44+	44+
	78+	70+	63+	-57	-57		

				57+	57+		
Born 1999 & earlier	Born, 2000, 2001, 2002	Born 2003, 2004, 2005	Born 2006 & 2007	Born 2008	Born 2009	Born 2010	Born 2011
	4 Minutes		3 Minutes			2 Minutes	